

## Immunisation in older women

• A/Prof John Litt.  
Discipline of General Practice Flinders University

### Declaration of interests:

- Zostavax Advisory Board
- Sequris Pneumococcal Advisory Board
- Sanofi High Dose Influenza vaccine Advisory Board
- Astra Zeneca Influenza vaccine Advisory Board

### Acknowledgements

- Paul Van Buynnder
- Janet McElhany

### Learning Outcomes

- Review recommended immunisations for older women
- Outline vaccines under development and possible vaccines in the future

NIP-National Immunisation Program

### Overview

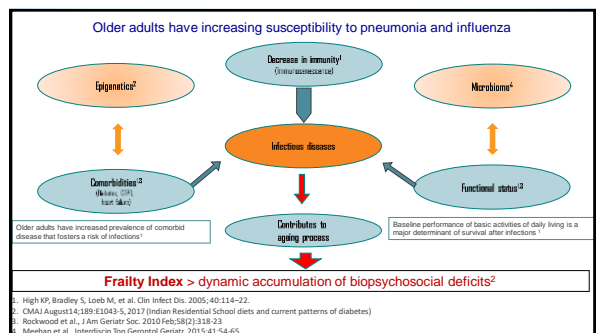
#### Vaccine-preventable disease in older women

- What's on the NIP schedule
- Update on influenza
- Update on pneumococcal vaccination rates

#### Other vaccines not on the NIP

#### Vaccines in the pipeline

## Vaccine-preventable diseases



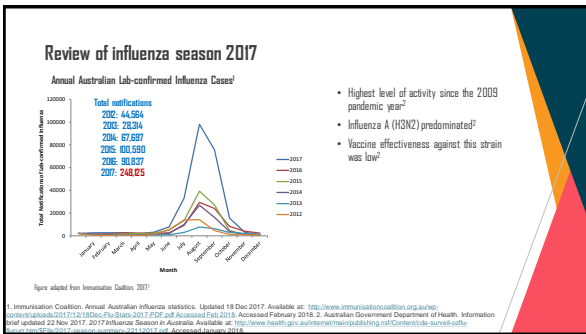


### Vaccine Preventable Disability<sup>1</sup>

**Catastrophic disability**

- Defined as a loss of independence in  $\geq 3$  basic Activities of Daily Living<sup>2</sup>
- 15%** of older adults hospitalized with influenza **experience catastrophic disability**<sup>3</sup>
- Dysregulated immune responses are the 'geriatric giant' of chronic diseases; influenza wakes the giant **increasing the risk of catastrophic disability**<sup>4</sup> with:
  1. Strokes
  2. CHF
  3. Pneumonia and influenza<sup>4,5</sup>
  4. Ischemic heart disease
  5. Cancer
  6. Hip fracture

McBain et al. Front Immunol. 2016;7:41.  
 2 Ferrucci et al. JAMA. 1997;277:728.  
 3 Jackson ML et al. Canadian Immunisation Conference. 1/20/2016.  
 4 Barker et al. Arch Int Med 156(8):118-124.  
 5 Barker et al. Arch Int Med 156(8):118-124.



### Current vaccines funded for older Australians under the National Immunisation Program (NIP)<sup>1</sup>

Disease	Age group	Vaccine brands <sup>1</sup>
Influenza	65 years and over	Fluad <sup>®</sup> (trivalent inactivated influenza virus)*; Fluzone <sup>®</sup> High-dose (inactivated trivalent influenza vaccine)*
Pneumococcal pneumonia	65 years and over	Pneumovax <sup>®</sup> 23 (pneumococcal vaccine, polyvalent)
	50 years and over (Aboriginal and Torres Strait Islanders)	
Herpes-zoster (shingles)	70-79 years <sup>2</sup>	ZOSTAVAX <sup>®</sup> (Zoster Vaccine Live (Dka/Merck))

\*Vaccine available under NIP from April 2018. †ZOSTAVAX<sup>®</sup> is funded for 70-year-olds, with a 5-year catch-up program for 71 to 79-year-olds until 31 October 2017. Refer to the National Immunisation Program for the full immunisation schedule!

1. Australian Government Department of Health. National Immunisation Program Schedule. Available at: <https://health.gov.au/topics/immunisation/national-immunisation-program-schedule>. Accessed February 2018. 2. Prime Minister of Australia. Media Release. Zoster vaccine is now a part of the NIP. 23 Feb 2017.

### Two new vaccines available on the National Immunisation program (NIP) from April 2018 for adults aged 65 and over!<sup>1</sup>

Vaccine	Type	Manufacturer	Route of administration
Fluad <sup>®</sup>	Adjuvanted Inactivated TIV Influenza Vaccine	Seqirus	0.5mL IM
Fluzone <sup>®</sup> High-dose <sup>2</sup>	High-dose Inactivated TIV Influenza Vaccine	Sanofi	0.5mL IM

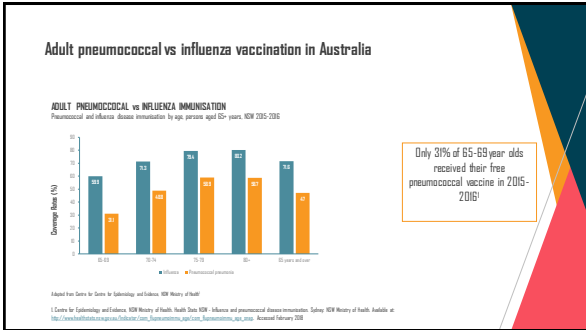
TIV = Trivalent, IM = intramuscular injection

1. Prime Minister of Australia. Media Release. Zoster vaccine & vaccines to protect older of Aussis. February 2018. Available at: <https://www.pmg.gov.au/media/grand-strategy-for-healthy-people-officer-2018>. Accessed February 2018. 2. Fluzone High-dose. Product Information. Anonised 16 Nov 2017. 3. Fluzone High-dose. Product Information. Anonised 12 Jun 2018.

### Invasive pneumococcal disease (IPD)

- Strep pneumoniae
  - 90 serotypes cause disease, 23 account for majority of infections
- IPD case fatality rate ~ 8-12% (children with meningitis 30%)<sup>1</sup>
- Rates of highest disease
  - children aged < two years
  - persons > 65 years
- Increasing prevalence of antibiotic resistance
  - 2006: 11% Aust IPD isolates non-susceptible to penicillin and 3% non-susceptible to ceftriaxone/cefotaxime

1. Ludwig et al Eur Respir Rev. 2012 Mar 1;21(123):57-65



### Adult pneumococcal vaccination recommendations

- Pneumovax®23 is recommended and funded on the NIP for the following adults<sup>1,2</sup>:
  - All adults 65 years and over
  - Aboriginal and Torres Strait Islanders 50 years and over
  - Aboriginal and Torres Strait Islanders (5-49 years with a condition(s) associated with increased risk of IPD.
- Adults aged 18-64 years with a condition(s) associated with an increased risk of IPD can access Pneumovax®23 through the PBS.<sup>1</sup>

Refer to the Australian Immunisation Handbook for the full list of recommendations<sup>1</sup>.

IPD = invasive pneumococcal disease

1. National Technical Advisory Group on Immunisation (NTAGI). An Australian Immunisation Handbook (AIH) 11 (2017 edition). Canberra: Australian Government Department of Health 2017. 2. Australian Government Department of Health. National Immunisation Program Schedule. Available at: <https://www.health.gov.au/health-care/national-immunisation-program/schedule>. Accessed February 2018.

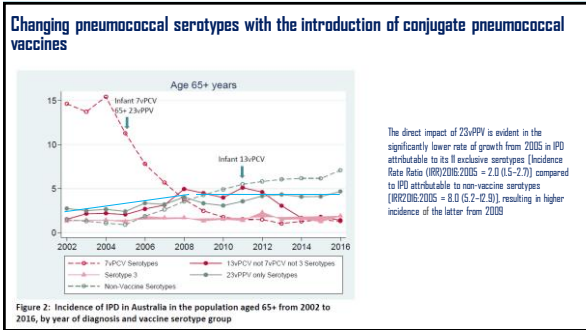
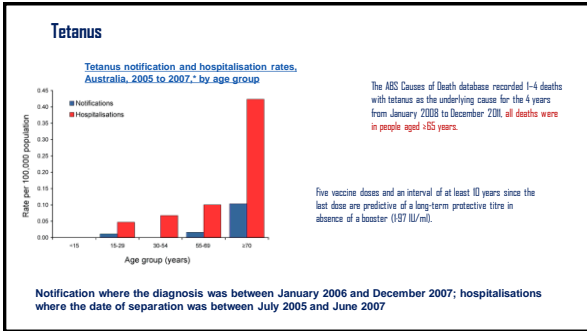
### Non-NIP funded vaccines for older adults

- Diphtheria-tetanus-pertussis (dTpa): People aged >65 years are also advised to have a dTpa booster if they have not received one in the previous 10 years<sup>1</sup>
- Meningococcal disease: 4MenCV and MenBV are available through private prescription for adults who wish to reduce their likelihood of becoming ill with meningococcal disease<sup>2</sup>

4MenCV=quadrivalent (A,C,W,Y) meningococcal conjugate vaccine; MenBV=meningococcal B vaccine

1. Australian Government Department of Health. Immunise Australia Program. Older Australians. Available at: <http://www.immunise.health.gov.au/immunise/immunisation/publications/older-australians>. Accessed January 2018.

2. MCHR3 Fact Sheet: Meningococcal vaccines for Australians. Feb 2018. Available at: <http://files.ilo.gov.au/immunisation/publications/menbvsheets>. Accessed February 2018.



### Immunosenescence

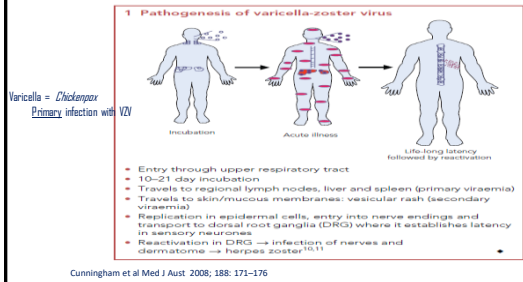
- Definition & mechanisms
  - The age-associated decline of the immune system and host defense mechanisms.
  - universal age-associated immune alteration
  - Reduced numbers and proportions of peripheral blood CD8+ naive T cells are as a result of developmentally-programmed thymic involution
- Range of responses of the ageing immune system
  - poorer responses to vaccination,
  - lower capacity to mediate anti-cancer responses,
  - more inflammation and tissue damage,
  - Increased autoimmunity and,
  - loss of control of persistent infections

Pawelec. Exp Gerontol. 2018 May;105:4-9. Del Giudice et al NPI Aging Mech Dis. 2017 Dec 21;4:1.

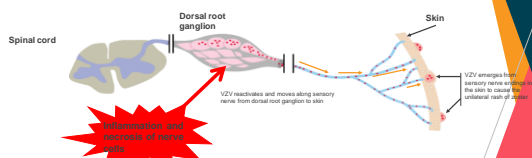
### Immunosenescence

- Impact on vaccine efficacy
  - lower vaccination efficacy in older adults does correlate with age-associated differences in the responses of CD4+ and CD8+ T cells to the vaccine
- Vaccine-related strategies to counter immunosenescence
  - Enhanced adjuvant eg FluAd (influenza), Shingrix (AS01B is a liposome-based adjuvant; Shingles)
  - Increased antigen dose eg Zostavax (14 x), Fluzone (4 x Ag dose: influenza)
  - Better targeting of antigen selected eg Shingrix (Glycoprotein E)
- Other strategies
  - Address Frailty:
    - Frailty increases with age as we accumulate social, physical and cognitive deficits and contributes to "inflammaging"

### Zoster: pathogenesis



### VZV: REACTIVATION



### Postherpetic neuralgia (PHN) is the most frequent debilitating complication of shingles<sup>1</sup>

- PHN can last for months, even years<sup>2</sup>
- Pain and nerve damage can begin before the shingles rash is visible<sup>2</sup>
- PHN may be severe<sup>2</sup>
- PHN patients report experiencing pain in the area of their shingles rash for an average of 3.5 years<sup>3</sup>



1. Australian National Shingles Study on Immunisation (2002). 2. An Australian epidemiological study of 1000 shingles patients. 3. Shingles Australia Government Department of Health 2010. 4. Dworkin RH et al. Arch Neurol 2003; 60: 1022-1027. 5. Small W et al. Health Care (London) 2004; 15: 4. 6. Karpman S et al. MMWR 2008; 56: 5-13. 7. 8. 9. 10. 11.

### Incidence of PHN

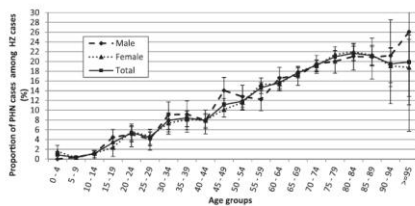


Figure 3 Proportion of PHN cases among all HZ cases by 5-year age groups and sex in 2009.

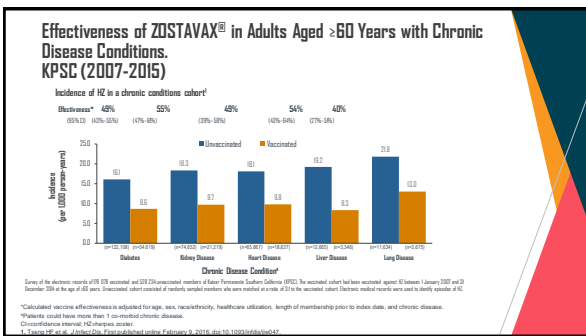
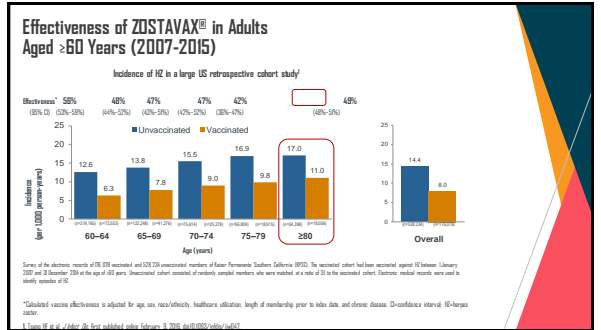
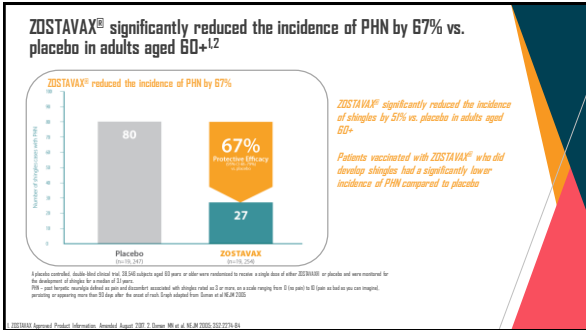
Hillebrand et al J Infect. 2015 Feb;70(2):178-86.

### ZOSTAVAX®

- ZOSTAVAX® is a live-attenuated varicella-zoster virus vaccine<sup>1</sup>
- ZOSTAVAX® is indicated for the prevention of<sup>1</sup>
  - shingles in individuals 50 years of age and older
  - postherpetic neuralgia (PHN) and for reduction of acute and chronic zoster-associated pain in individuals 60 years of age and older
- ZOSTAVAX® is funded on the National Immunisation Program for 70-79 year olds<sup>2</sup>



1. ZOSTAVAX Approved Product Information. Amended August 2017. 2. Department of Health. National Immunisation Program Schedule. <https://data.health.gov.au/datastore/immunisation/immunisation-program-schedule>. Accessed February 2018.



### ZOSTAVAX uptake in those aged 70-79 years

- Unprecedented uptake at launch
- At June 2017 doses distributed reflected 54% of cohort size<sup>1</sup>
- At December 2017 doses distributed reflected 60%.<sup>1</sup>

**Vaccine uptake has slowed down significantly.  
How can we encourage the remaining eligible patients to get vaccinated?**

1. Source: Data on file

### Almost the entire adult population is at risk of Zoster<sup>1</sup>

- 97% of adults have the virus that causes shingles within them<sup>2</sup>
- An estimated 120,000 to 150,000 new cases of shingles occur per year in Australia<sup>3</sup>
- Shingles may affect 1 in 3 people in their lifetime<sup>4</sup>
- About half of people who live to 85 will develop shingles<sup>1</sup>

1. NCI. Zoster vaccine for healthy adults. NCI Thesaurus Code C94573. Available at: <http://www.cancer.gov/types/skin/shingles/zoster-vaccine-factsheet.pdf>. Accessed Jan 2016. 2. Bailey et al. Epidemiol Infect. 2003;131:353-5. 3. Muliyil. P. et al. JAMA. 2004;291:1505-1509. 4. Herpes. P. et al. MMWR. 2003;52:109-112.

### Other zoster vaccines – not on NIP

- Herpes zoster subunit vaccine (HZ/su) - SHINGRIX
  - Contains AS01b adjuvant designed to increase vaccine immunogenicity
  - IV injection given as 2 doses 2 months apart (no efficacy data published for single dose)
- Efficacy and safety tested in two large phase 3 trials (ZOE-50 and ZOE-70)<sup>1,2</sup> which showed an overall vaccine efficacy of:
  - 87.2% (95% CI, 83.7 to 90.9; P<0.001 vs placebo) in age group >50 years<sup>1</sup>
  - 88.8% (95% CI, 84.2 to 93.7; P<0.001 vs placebo) in age group >70 years<sup>2</sup>
  - 91.9% (95% CI, 88.8 to 94.5; P<0.001 vs placebo) in age group >70 years (pooled results from ZOE-50 and ZOE-70)<sup>2</sup>
- No safety concerns related to vaccination were identified<sup>1,2</sup>
- However the HZ/su vaccine was more reactogenic than placebo<sup>1\*</sup>
  - Solvent injection site reactions (81.5% vs 0.5%)
  - Systemic reactions (fatigue, fever, gastrointestinal symptoms, headache, myalgia, and shivering) (53% vs 25%)
  - HZ/su group vs placebo

\*Most common reactions were pain at injection site and myalgia  
1. Liu et al. N Engl J Med. 2015; 373: 209-219. 2. Campbell et al. N Engl J Med. 2015; 373: 220-231. 3. CDC. Herpes Zoster Vaccines. Shingles. 8th Revised Edition. Available at: <http://www.cdc.gov/mmwr/preview/mmwrhtml/shingles8a.htm>. Accessed August 2016

## The most important predictor of vaccination is a health care provider recommendation<sup>1,2</sup>

### Factors that increase HZ vaccine uptake<sup>3</sup>

- Older age
- Female
- Higher level of education
- Regularly gets other vaccines
- Higher awareness of shingles vaccine
- Belief that shingles can be a severe condition
- Has a usual GP
- GP recommendation to get vaccine
- Family or friends previously affected by shingles
- Availability of vaccine

### Factors that decrease uptake<sup>3</sup>

- Low perceived risk of getting shingles
- Beliefs that the vaccine is unnecessary, they never get sick, they already have good immunity, natural immunity is better
- Concerns about: vaccine efficacy, adverse effects, allergic reaction to vaccine, vaccine causing shingles
- GP did not discuss need for vaccine
- Difficulty getting to GP

1. Lee JH, et al. *Int J Infect Dis* 2016; 53:430-7.  
 2. Hwang H, et al. *Hum Vaccin* 2017; 13(2):25-30.  
 3. Lee JH, et al. *Shingles in Women*. *Women Health* 14:1997

## Vaccines in the pipeline

### Dementia

- Alzheimers Disease is characterized by both extracellular depositions of Amyloid beta as well as intracellular tau depositions that form neurofibrillary tangles (NFT) in neurons
- Need to commence therapy before any memory loss (preclinical stage)
  - The earlier, the safer it needs to be
  - Likely a cocktail, from start or sequentially
    - $\beta$ -secretase (BACE) inhibitor (reducing beta amyloid (A $\beta$ ) by inhibiting its production)
    - Monoclonal Ab against amyloid (attacking beta amyloid (A $\beta$ ) plaques)
    - Anti-tau therapies? (vaccination against the intracellular proteins tau)
- Several anti-amyloid and now anti-tau vaccination trials proceeding, but **all completed are negative so far**, including solanezumab

Bracynski et al *J Neurochem*. 2017 Dec;143(5):467-488. Bittar et al *NPJ Vaccines*. 2018 Feb 27;3:9. doi: 10.1038/s41541-018-0011-2.

### Vaccines and cancer: immunotherapy

- Convincing effectiveness in:
  - NSCLC (non-small cell Lung cancer)<sup>1,2</sup>
  - Renal cancer<sup>2</sup>
  - Melanoma<sup>3</sup>
- Efficacy in other settings (eg Intravesical BCG in bladder cancer) still needs to be demonstrated<sup>4</sup>

1. Herbst et al *Nature*. 2018 Jan 24;553(7689):446-454  
 2. Tsaikas et al *Ann Transl Med*. 2016 Jul 4;4(14):270. doi: 10.2103/atlmed.2016.011123  
 3. Fraquelli et al *Cochrane Database Syst Rev*. 2018 Feb 6;2:CD011123  
 4. Poletajew et al *Urol Int*. 2017;99(1):1-5

### Other conditions where a vaccine in humans may be possible

- RSV
  - Vaccines and antiviral agents for the prevention and treatment of RSV infections in elderly adults are currently not available, but they are being developed
- Metapneumovirus (hMPV)
  - Several hMPV vaccine candidates are under development with the potential to progress into clinical trial; **none yet tested in humans**
- Pseudomonas
  - Very early days; **no vaccine against this bacteria is currently available in the clinical setting**
- Staphylococcus aureus
  - **Lack of known correlates of protection against S. aureus in humans is delaying development of efficacious vaccines**
- Hypertension
  - Angiotensin II (AngII) vaccine has shown variable effectiveness in Phase II trials

1. *Haber Med Mal Infect*. 2018 Mar 13. pii: S0399-077X(18)30734-X. doi: 10.1016/j.jhmi.2017.05.005. 2017 May;16(5):419-431  
 2. *Griffiths et al. *J Hum Vaccin Immunother**. 2015;11(1):14-20. doi: 10.1016/j.jhvi.2014.11.001. 2014 Nov 1. 4. *Pozzi et al. *Curr Top Microbiol Immunol**. 2017;409:491-528.  
 5. *Nakagami et al. *Curr Hypertens Rep**. 2018 Mar 19;20(3):2

### Resources

#### NCIRS fact sheets

- Zoster: [http://www.ncirs.edu.au/assets/provider\\_resources/fact\\_sheets/zoster\\_vaccine\\_110.pdf](http://www.ncirs.edu.au/assets/provider_resources/fact_sheets/zoster_vaccine_110.pdf)
- Influenza: [http://www.ncirs.edu.au/assets/provider\\_resources/fact\\_sheets/influenza\\_110a.pdf](http://www.ncirs.edu.au/assets/provider_resources/fact_sheets/influenza_110a.pdf)

#### www.communityimmunity.com.au

- Recall resources
- Vaccine management resources

#### www.shingles.com.au

- Download patient education information about shingles

Let. JDB, Cunningham, T, Ven Boynder, P. Update on Zoster. *HealthEd*. December 2017. <https://www.healthed.com.au/monographs/update-herpes-zoster/>

#### The Australian Immunisation Handbook 10th Edition

- [http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/handbook10\\_home](http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/handbook10_home)

## Adjuvanted influenza vaccine: Flud (Seqirus)

## Systematic review of MF59 adjuvanted influenza vaccine (Flud)

### Methods

- 11 (6 case-control, 3 cohort and 2 prospective case-control) studies

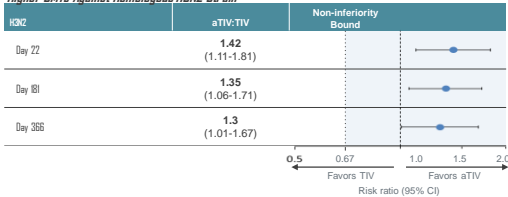
### Results

- Vaccine effectiveness of 51% (95% CI: 39–61%) against hospitalizations for pneumonia/influenza among community-dwelling seniors
- Adjuvanted influenza vaccine is more effective than TIV in preventing :
  - hospitalizations due to pneumonia/influenza [adjusted risk ratio 0.75 (95% CI: 0.57–0.98)] and
  - laboratory-confirmed influenza [adjusted odds ratio 0.37 (0.14–0.96)].

I. Dornnich et al. *Vaccine*. 2007. Jan 23;25(4):503-520.

### Persistence of Results:

#### Higher GMTs Against Homologous H3N2 Strain



Higher antibody titers for H3N2 up to 12 months post-vaccination

Frey SE, et al. *Vaccine*. 2014;32:5027-5034.

### Lower Influenza-related Hospitalization Risk for aTIV

Adjusted risk ratio for pneumonia or influenza hospitalization\*

#### 17% higher risk for hospitalization† at baseline

- (Hospitalizations occurring before influenza season)
- Prior to flu-season, subjects in the aTIV group were at greater risk of hospitalizations than those in the TIV group
- RR=1.17 (95% CI=0.95, 1.43)

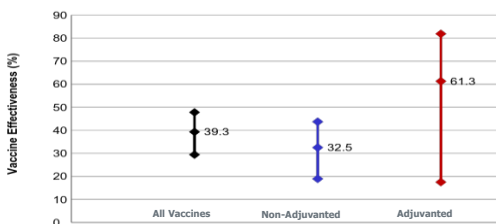
#### 22% reduction in risk for hospitalization‡ post-vaccination with aTIV

- (Hospitalizations occurring during peak of season)
- Vaccination with aTIV significantly reduced the risk of hospitalizations vs TIV
- RR=0.75 (95% CI=0.57, 0.98)

- Vaccination policies preferentially recommend aTIV to high-risk patients in Italy
- Thus, patients receiving aTIV were generally older, had more functional limitations and higher rates of comorbidities. These patients may therefore have had more baseline hospitalizations

\*Risk ratios were adjusted to account for confounding factors.  
 †Risk for influenza or pneumonia-related hospitalization.  
 ‡aTIV=adjuvanted (MF59) inactivated influenza vaccine; CI=confidence interval; RR=relative risk; TIV=trivalent inactivated influenza vaccine.  
 Mannino S, et al. *Am J Epidemiol*. 2012;176:527-533.

### VE against influenza hospitalisations in patients 65 years and older in the Serious Outcomes Surveillance (SOS) network, 2011-2014



McNeil S, et al. 2016. <http://dx.doi.org/10.1186/s12874-016-0300-4>

### High dose influenza vaccine: Fluzone (Sanofi)

### hdTIV Efficacy and Safety

- 4 x Ag dose for each flu strain in the vaccine
- Phase III trials: higher antibody response and reduced (24.2%; 95% CI 9.7-36.5) laboratory-confirmed influenza versus standard TIV<sup>1</sup>
- Enhanced protection (39.8%; 95% CI, 19.3-55.1%) against serious, life-threatening pneumonia associated with influenza<sup>2</sup>
- The safety profile of high-dose TIV is similar to that of standard TIV<sup>3</sup>

1. DiazGranados et al. *N Engl J Med.* 2014 Aug 14;370(7):635-45.  
2. DiazGranados et al. *Vaccine.* 2015 Sep 15;33(38):4888-93.  
3. DiazGranados et al. *N Engl J Med.* 2014 Aug 14;370(7):635-45. Gravenstein et al. *Lancet Respir Med.* 2017 Sep 5(9):738-746.

### hdTIV Success in Older Adults

- Retrospective cohort study of over 2.5 million US Medicare beneficiaries: significantly more effective than standard-dose vaccine in prevention of influenza-related hospital admissions
  - 22% (95% CI 15-29%) more effective than the standard TIV in preventing influenza
  - 22% (95% CI 16-27%) more effective for prevention of influenza hospital admissions

Izurieta HS, et al. *N Engl J Med.* 2000;342(4):232-239. Izurieta et al. *Lancet Infect Dis.* 2015 Mar;15(3):293-300.

### hdTIV Success in Older Adults

- Cluster nursing home study<sup>1</sup>
  - 8% decrease in any hospitalization with hdTIV (2.5% reduction for hospitalizations for respiratory illness) when compared with standard dose TIV
  - NNT to prevent all-cause hospital admissions for the season is 83.7
- Real world studies<sup>2</sup>: significantly more effective than standard TIV in the prevention of influenza-related medical encounters, hospitalizations, and death

1. Gravenstein et al. *Lancet Respir Med.* 2017 Sep 5(9):738-746.  
2. Izurieta HS, et al. *N Engl J Med.* 2000;342(4):232-239. Shay et al. *J Infect Dis.* 2017 Feb 15;215(4):510-517. Diazgranados et al. *Vaccine.* 2015 Sep 11;33(38):4888-93. Izurieta et al. *Lancet Infect Dis.* 2015 Mar;15(3):293-300.