THE Annual WOMEN'S & Children's HEALTH UPDATE 2019

Healthed

The Medical Republic

RACGP | QI&CPD 2017–19 Accredited Activity Category 2 | 16 points

Activity no. 148515

Saturday 23 February

8:30AM – 6:30PM

ICC SYDNEY International Convention Centre Sydney, Darling Harbour

Special Keynote Speaker

Mood, Depression and the Menopause

Prof Jayashri Kulkarni
Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)

Endometriosis – Improving Diagnosis and Management

Prof Jason Abbott
Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women

Cervical Cancer Screening

A/Prof Annabelle Farnsworth
Histopathologist; University of Notre Dame

New Options in Pharmacotherapy Obesity

Dr Scott Kahan
Physician; Director, National Centre for Weight and Wellness
Faculty, John Hopkins University

16 CATEGORY 2 CPD POINTS APPROVED

FREE ACTIVE LEARNING MODULE

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International Convention Centre Sydney

- Located in the heart of the Sydney CBD
- Newly constructed venue
- 10 mins walk from Town Hall station
- Close to public transport and carparks

ICC SYDNEY

YOU ARE INVITED

Healthed invites you to attend this unrivalled, high quality, educational event. Each year this meeting features leading experts and key opinion leaders who present the most authoritative, clinically relevant information on topic areas specifically requested by Australian medical practitioners and women's health workers.

Our 2018 seminar attracted a record number of delegates and feedback was overwhelmingly positive. We look forward to seeing you at this unrivalled women's health education day.

The Healthed Team

REGISTRATION INCLUDES

- Access to entire program
- Handbook with lecture notes
- Morning tea, lunch & afternoon tea
- Access to trade exhibition
- Posted copy of an attendance certificate
- Registration will be confirmed via email after receipt of payment

REGISTRATION ENQUIRIES

Phone: 1300 797 794 **Fax:** 1300 797 792

Mail: Healthed Pty Ltd
PO BOX 500 Burwood NSW 1805 Australia

Email: info@healthed.com.au

On the Day: Information desk will be located in the Gallery on the first level of the ICC

Up to date information about parking is available online at healthed.com.au

EDUCATION POINTS

- 16 Category 2 CPD points approved with RACGP
- 8 Core PDP points applied with ACRRM
- OPTIONAL – 40 Category 1 CPD points approved with RACGP

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Bring your own device and enhance your learning with the Healthed app

Enhance your learning experience with the Healthed app! Download before the seminar to get access to heaps of exciting features:

- Download the full seminar handbook
- View the lecture slides – zoom in for comfortable reading
- Sign in for your CPD points – no need to queue!
- Receive on the day updates, important announcements and extra resources automatically
- Get special seminar discounts via the app
- Venue and parking information to help you navigate your way
- Find your favourite exhibitor through the exhibitor map

Download the app on your smartphone or tablet from the App Store or Google Play.

NOW MORE ACCESSIBLE THAN EVER

The International Convention Centre in Darling Harbour is located in the heart of the Sydney CBD.

ICC SYDNEY

- 10 minutes walk from Town Hall station
- Sydney Light Rail stops in front of the Convention Centre
- Many bus stops located nearby
- Parking available at the **Convention Centre**

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Nearby Parking (off-site)

- **Darling Quarter Car Park** 1-11 Harbour Street, Sydney – approx. $15*
- **Darling Park Car Park** 201 Sussex Street, Sydney – approx. $15*

*These are weekend rates quoted to us by the parking stations. However prices are subject to change. While Healthed tries to provide delegates with correct information, we are not responsible for variation in pricing.

FACULTY & SPEAKERS

Dr Jessica Tattersall, Allergist and Medical Rhinologist, Sydney Allergy Clinic

Allergic Rhinitis in Children – It's More than Just a Runny Nose

Prof Ego Seeman, Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne

Clinical Conundrums in Osteoporosis

Prof Craig Munns, Senior Staff Specialist in Endocrinology, and Clinical Program Director for the Division of Diagnostic Services, Westmead Children's Hospital

Vitamin D in Pregnancy – Supplement or Not?

PROGRAM

Registration from 7:30am
Each talk is approx. 25 mins in duration.
Morning tea, lunch and afternoon tea will be provided.

MENOPAUSE	
Sleep Disturbances in Menopause – Practical Advice	**A/Prof Jeremy Goldin**, Respiratory and Sleep Disorders Physician; Head of Sleep Medicine, Royal Melbourne Hospital
Mood, Depression and the Menopause	**Prof Jayashri Kulkarni**, Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)
HRT Cases	**Prof Rod Baber**, Head, Menopause and Menstrual Disorders Clinic, Royal North Shore Hospital
PREGNANCY	
Vitamin D in Pregnancy – Supplement or Not?	**Prof Craig Munns**, Senior Staff Specialist in Endocrinology, and Clinical Program Director for the Division of Diagnostic Services, Westmead Children's Hospital
The Gestational Diabetes Epidemic – A Practical Guide for GPs	**Dr Jencia Wong**, Senior Staff Specialist Endocrinologist, Royal Prince Alfred Hospital and Clinical Associate Professor, University of Sydney
Travel, Pregnancy and Young Children	See **healthed.com.au** for updates
CHILDREN AND TEENAGERS	
Allergic Rhinitis in Children – It's More than Just a Runny Nose	**Dr Jessica Tattersall**, Allergist and Medical Rhinologist, Sydney Allergy Clinic
Anaphylaxis in Infants and Young Children	See **healthed.com.au** for updates
Meningitis Prevention – Most Recent Developments	See **healthed.com.au** for updates
PAIN	
Effective Management of Vaginismus	**Dr Rosie King**, Sex Therapist, Educator and Author
Migraine – Important New Options for Prevention	**Prof Paul Spira**, Neurologist; Spira Neurology; Visiting Medical Officer, Prince of Wales Hospital
SEXUAL HEALTH	
Cervical Cancer Screening – Curly Cases and Common Questions	**A/Prof Annabelle Farnsworth**, Histopathologist; Douglass Hanly Moir Chair in Pathology, School of Medicine, University of Notre Dame
Contraception Update – What's New and What's Coming Soon	**Dr Terri Foran**, Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW
MISCELLANEOUS	
Clinical Conundrums in Osteoporosis	**Prof Ego Seeman**, Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne
Pharmacotherapy for Obesity – Important New Options	**Dr Scott Kahan**, Physician; Director, National Centre for Weight and Wellness Faculty, John Hopkins University and George Washington University
Self-harm – What GPs Need to Know	**Dr Claire Kelly**, Director of Curriculum, Mental Health First Aid Australia
ENDOMETRIOSIS EXPERT PANEL – Facilitated by Dr Terri Foran	
Endometriosis – Improving Diagnosis and Management	**Prof Jason Abbott**, Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women; School of Women and Children's Health UNSW
Endometriosis and Hormones	**A/Prof John Eden**, Gynaecologist; Director, Sydney Menopause Centre, Royal Hospital for Women
Endometriosis and Pain Management	**Dr Jason Chow**, Pain Physician, Gynaecologist and Obstetrician; Women's Health & Research Institute of Australia
Endometriosis and Fertility	See **healthed.com.au** for updates

The above program is an indication of topics and speakers only and is not the final schedule. Program was correct at time of printing and may be subject to change without notice. See **healthed.com.au** for updates.

Dr Terri Foran,
Sexual Health Physician;
Lecturer, School of Women's and Children's Health, UNSW

Contraception Update – What's New and What's Coming Soon

Dr Rosie King,
Sex Therapist, Educator and Author

Effective Management of Vaginismus

A/Prof Jeremy Goldin,
Respiratory and Sleep Disorders Physician; Head of Sleep Medicine, Royal Melbourne Hospital

Sleep Disturbances in Menopause

The Annual Women's & Children's Health Update 2019
Saturday, 23 February 2019, 8:30am–6:30pm
International Convention Centre Sydney, Darling Harbour

This seminar is proudly organised by Healthed Pty Ltd
ABN 13 604 040 704

Healthed

REGISTRATION FORM	By Mail, Fax or Phone	Online Only
Christmas Special until 18 December	☐ $165	$150
Super Early Bird until 25 January	☐ $185	$165
Early Bird until 8 February	☐ $199	$185
Standard after 8 February	☐ $255	$225

I am interested in (tick box ☑)

☐ **Attending the seminar** ☐ **Basic CPR Workshop $150/$160** (See below for details)

RACGP QICPD/ACRRM Education No:

I am a ☐ Doctor ☐ Nurse/Midwife ☐ Pharmacist ☐ Other _____

Dietary Choice ☐ Gluten Free ☐ Vegetarian ☐ Vegan

*denotes required information

*Title ____ *Given Name _____ *Surname _____

Organisation/Practice _____

*Home Address _____

_____ *State _____ *Postcode _____

*Work Ph _____ *Work Fax _____

***Email** _____ Mobile _____

TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX – PLEASE WRITE CLEARLY

Yes I wish to attend: (tick box ☑) and pay by: ☐ Visa ☐ Mastercard ☐ Cheque $_____ *Total*

Cheques are to be made payable to: "**Healthed**" All Prices are in Australian Dollars (AUD)

Card Number __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ Expiry __ /__ CCV __ __ __

Name on Card _____ Signature _____

Return your registration form & payment to: HEALTHED PTY LTD PO BOX 500 Burwood NSW 1805 or FAX 1300 797 792

Basic CPR for RACGP

In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

$150 for delegates **$160** for non-delegates

HEALTHED SPONSORS INCLUDE: Amgen, Amoena, Besins Healthcare, Leo Pharma, Lundbeck, Mayne Pharma, Pfizer Vaccines, Swisse Wellness and The A2 Milk Company

CANCELLATION: Notice of cancellation must be in writing and directed to the seminar secretariat through info@healthed.com.au at least 21 days prior to scheduled seminar date. Refunds are not available if notice of cancellation is provided less than 21 days prior to seminar date. A cancellation fee of $100 will be deducted from your refund.

Liability: The organisers will make every effort to ensure that the event and the program will take place as advertised however the organisers do not take financial responsibility to changes or disruptions that may occur as a result of events beyond their control. Important privacy information: Healthed acknowledges and respects your privacy. The information you provide on this form is being collected for the purpose of processing your registration or inquiry. The provision of the information requested is voluntary. However, if you do not provide the information requested, we may be unable to process your registration or enquiry. We will use the information to keep you informed about your products, services, offers and upcoming events and to improve services to you. We will also provide information about you to the sponsors and the exhibitors in the exhibition for the purpose of providing you with direct marketing offers, which we think may be of interest to you. If you do not consent to this disclosure of information about you or if you do not want to receive information about other Healthed educational seminars please call us on 1300 797 794. You have a right to access the information that Healthed holds about you. Please direct any enquiries you may have in relation to the use of our privacy information policy by contacting us on either by Tel 1300 797 794, email info@healthed.com.au or post, PO Box 500, Burwood NSW 1805.