# THE 14th Ammual





Saturday 15 June

8:30AM-6:30PM

Royal International Convention Centre,

Bowen Hills, Brisbane

Special Keynote Speaker



**Depression** and the Menopause

Prof Jayashri Kulkarni Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)



Vitamin D in Pregnancy -Supplement or Not?

**Prof Craig Munns** Senior Staff Specialist, Westmead Children's Hospital



**Contraception Update** 

**Dr Terri Foran** Sexual Health Physician, School of Women's and Children's Health, UNSW



**Effective Management of** Vaginismus

**Dr Rosie King** Sex Therapist, Educator and **Author** 



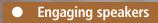




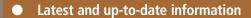














Cost efficient one-day program



ROYAL INTERNATIONAL CONVENTION CENTRE

MODULE

#### **YOU ARE INVITED**

Healthed invites you to attend this unrivalled, high quality, educational event. Each year this meeting features leading experts and key opinion leaders who present the most authoritative, clinically relevant information on topic areas specifically requested by Australian medical practitioners and women's health workers.

Our 2018 seminar attracted a record number of delegates and feedback was overwhelmingly positive. We look forward to seeing you at this unrivalled women's health education day.

The Healthed Team

#### **REGISTRATION INCLUDES**

- Access to entire program
- Handbook with lecture notes
- Morning tea, lunch & afternoon tea
- Access to trade exhibition
- Posted copy of an attendance certificate
- Registration will be confirmed via email after receipt of payment

#### **REGISTRATION ENQUIRIES**

**Phone:** 1300 797 794 **Fax:** 1300 797 792

Mail: Healthed Pty Ltd

PO BOX 500 Burwood NSW 1805 Australia

Email: info@healthed.com.au

On the Day: Information desk will be located in the foyer area.

More information available online at

www.healthed.com.au

#### **EDUCATION POINTS**

- 16 Category 2 CPD points approved with RACGP
- 8 Core PDP points approved with ACRRM
- OPTIONAL 40 Category 1 CPD points approved with RACGP

#### DOWNLOAD THE HEALTHED APP



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#### **HIGH QUALITY CONTENT**

Healthed strives to maintain the highest possible standard of educational quality throughout its seminar programs. All our speakers are clearly instructed to present information that is authoritative, independent, scientifically accurate and of practical relevance.

In our constant search for high quality educational content we take input from GPs, specialists, researchers, medical educators, industry and many other sources. Their ideas are scrutinised carefully before being introduced into the educational program.

As a result, in 2018 more than 6,000 GPs attended our seminars and many more used the audio and video recordings derived from them.

#### **VENUE & TRANSPORT**

The Royal International Convention Centre. 600 Gregory Terrace, Bowen Hills.



- Yellow Cab 13 19 24
- Black & White Cabs 13 32 22

### **FACULTY & SPEAKERS**



A/Prof Richard Loh, Paediatric Clinical Immunologist, Perth Childrens Hospital; Clinical Associate Professor, UWA

Anaphylaxis in Infants and Young Children



Prof John Dixon, Professorial Research Fellow, Baker Heart and Diabetes Institute

Pharmacotherapy for Obesity – Important New Options



Dr Pradeep Jayasuriya, GP, Belgravia Medical Centre, Perth

Iron Deficiency – Curly Cases, Grey Areas, Controversies

## **PROGRAM**

Registration from 7:30am
Each talk is approx. 25 mins in duration.
Morning tea, lunch and afternoon tea will be provided.

	MENOPAUSE			
Sleep Disturbances in Menopause – Practical Advice	<b>Prof Martha Hickey</b> , Professor of Obstetrics and Gynaecology and Head of the Gynaecology Research Centre, The University of Melbourne			
HRT Cases	<b>Prof Susan Davis</b> , Endocrinologist; NHMRC Senior Principal Research Fellow, Director, Women's Health Research Program, Monash University, President of the International Menopause Society			
MENTAL HEALTH				
Self-harm – What GPs Need to Know	<b>Dr Claire Kelly</b> , Manager of Research and Evaluation, Mental Health First Aid Australia (MHFA)			
Depression and the Menopause	<b>Prof Jayashri Kulkarni</b> , Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)			
PREGNANCY				
Vitamin D in Pregnancy – Supplement or Not?	<b>Prof Craig Munns</b> , Senior Staff Specialist in Endocrinology, and Clinical Program Director, Westmead Children's Hospital			
Perinatal Outcomes Associated With Sleep Abnormalities in Pregnancy	<b>Dr Sailesh Kumar</b> , Gynaecologist and Obstetrician; Head, Academic Discipline of Obstetrics and Gynaecology, Faculty of Medicine, The University of Queensland			
State of the ART: Improving Fertility Treatment Through Research and Technological Innovation	Dr David Molloy, Clinical Director, Queensland Fertility Group			
	REN AND TEENAGERS			
Allergic Rhinitis in Children – It's More than Just a Runny Nose	<b>Dr Jessica Tattersall</b> , Allergist and Medical Rhinologist, Sydney Allergy Clinic			
Anaphylaxis in Infants and Young Children	A/Prof Richard Loh, Paediatric Clinical Immunologist, Perth Childrens Hospital; Clinical Associate Professor, UWA; Co-Chair, National Allergy Strategy			
Meningitis Prevention – Most Recent Developments	<b>Prof Robert Booy</b> , Infectious Diseases Paediatrician; Senior Professorial Fellow at NCIRS, Westmead Children's Hospital			
MISCELLANEOUS				
Clinical Conundrums in Osteoporosis	<b>Prof Ego Seeman</b> , Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne			
Iron Deficiency – Curly Cases, Grey Areas, Controversies	Dr Pradeep Jayasuriya, GP, Belgravia Medical Centre, Perth			
Pharmacotherapy for Obesity – Important New Options	<u> </u>			
Reproductive Coercion	<b>Dr Catriona Melville</b> , Sexual and Reproductive Health Specialist and Deputy Medical Director, Marie Stopes Australia			
S	EXUAL HEALTH			
Effective Management of Vaginismus	<b>Dr Rosie King</b> , Sex Therapist, Educator and Author			
Contraception Update — What's New and What's Coming Soon	<b>Dr Terri Foran</b> , Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW			
Cervical Cancer Screening – Curly Cases and Common Questions	Dr Michelle Alizart, Histopathologist; Sullivan Nicolaides Pathology, Brisbane			
ENDOMETRIOSIS EXPERT PANEL – Facilitated by Dr Terri Foran				
Endometriosis – Improving Diagnosis and Management	<b>Prof Jason Abbott</b> , Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women; Professor of Gynaecological Surgery, UNSW			
Endometriosis and Pain Management	<b>Dr Jason Chow</b> , Pain Physician, Gynaecologist and Obstetrician; Women's Health & Research Institute of Australia			
Endometriosis and Fertility	Dr David Molloy, Clinical Director, Queensland Fertility Group Brisbane			
Endometriosis and Hormones	<b>A/Prof John Eden</b> , Gynaecologist; Director, Sydney Menopause Centre, Royal Hospital for Women			

The above program is an indication of topics and speakers only and is not the final schedule. Program was correct at time of printing and may be subject to change without notice. See **healthed.com.au** for updates.



Prof Ego Seeman, Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne

Clinical Conundrums in Osteoporosis



Dr Jessica Tattersall, Allergist and Medical Rhinologist, Sydney Allergy Clinic

Allergic Rhinitis in Children

– It's More than Just a Runny



Prof Martha Hickey, Professor of Obstetrics and Gynaecology and Head of the Gynaecology Research Centre, The University of Melbourne

Sleep Disturbances in Menopause – Practical Advice The 14th Annual Women's & Children's Health Update 2019 Saturday, 15 June 2019, 8:30am–6:30pm Royal International Convention Centre, Bowen Hills



REGISTRATION FORM	By Mail, Fax or Phone		Online Only	
Super Early Bird until 10 May	<u>\$185</u>		\$165	
Early Bird until 31 May	<u>\$199</u>		\$185	
Standard after 31 May	<u>\$255</u>		\$225	
I am interested in (tick box ☑)  Attending the seminar  Basic CPR Workshop \$150/\$160 (See below)	RACGP QICPD/ACRRM Education No:			
I am a Doctor Nurse/Midwife Pharmacist Other				
Dietary Choice Gluten Free Vegetarian Vegan *denotes required information				
*Title *Given Name *Surname				
Organisation/Practice				
*Postal Address				
		_*State	*Postcode	
*Work Ph*Work Fax				
*Email	Mobile			
TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX — PLEASE WRITE CLEARLY Yes I wish to attend: (tick box ☑) and pay by: ☐ Visa ☐ Mastercard ☐ Cheque \$ Total Cheques are to be made payable to: "Healthed" All Prices are in Australian Dollars (AUD)				
Card Number		Expiry _	/ CCV	
Name on CardSignature				
Return your registration form & payment to: HEALTHED PTY LTD PO BOX	3500 Burwood NSW 1805,	FAX 1300 797 79	2 or EMAIL info@healthed.com.au	

#### **Basic CPR for RACGP**



In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

\$150 for delegates \$160 for non-delegates

HEALTHED SPONSORS INCLUDE: Amgen, Bayer Consumer Care, Bayer Women's Health, Besins Healthcare, BioCeuticals, Ferring, Freedom Foods, GSK, iNova, Leo Pharma, Lundbeck, Mayne Pharma, Novartis Pharmaceuticals, Novo Nordisk, Pfizer Australia, Sanofi, Servier, Sonic Healthcare, Swisse Wellness, The A2 Milk Company, Vifor Pharma.

CANCELLATION: Notice of cancellation must be in writing and directed to the seminar secretariat through info@healthed.com.au at least 21 days prior to scheduled seminar date.

Refunds are not available if notice of cancellation is provided loss than 21 days prior to company date. A cancellation for the days and the days are not available if notice of cancellation is provided loss than 21 days prior to company date.