# THE 17th Annual Children's WOMEN'S HEALTH



**UPDATE 2019** 



Saturday 2 March

8:30AM - 6:30PM

Melbourne Convention & Exhibition Centre, South Wharf

Special Keynote Speaker



Mood, Depression and the Menopause

**Prof Jayashri Kulkarni** Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)



Endometriosis – Improving Diagnosis and Management

**Prof Jason Abbott** Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women



**HRT Cases** 

**Dr Sonia Davison** Endocrinologist; Clinical Fellow, Jean Hailes for Women's Health



Sleep Disturbances in Menopause

**Prof Martha Hickey** Director, Women's Gynaecology Research Centre, The Royal Women's Hospital







QI&CPD

Activity no. 148515

RACGP

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WHY YOU SHOULD ATTEND

Leading experts

Engaging speakers

Broad range of topics

Latest and up-to-date information

Practical take home messages

Cost efficient one-day program

#### **YOU ARE INVITED**

Healthed invites you to attend this unrivalled, high quality, educational event. Each year this meeting features leading experts and key opinion leaders who present the most authoritative, clinically relevant information on topic areas specifically requested by Australian medical practitioners and women's health workers.

Our 2018 seminar attracted a record number of delegates and feedback was overwhelmingly positive. We look forward to seeing you at this unrivalled women's health education day.

The Healthed Team

#### **REGISTRATION INCLUDES**

- Access to entire program
- Handbook with lecture notes
- Morning tea, lunch & afternoon tea
- Access to trade exhibition
- Posted copy of an attendance certificate
- Registration will be confirmed via email after receipt of payment

#### **REGISTRATION ENQUIRIES**

**Phone**: 1300 797 794 **Fax**: 1300 797 792

Mail: Healthed Pty Ltd

PO BOX 500 Burwood NSW 1805 Australia

**Email**: info@healthed.com.au

On the Day: Information desk will be in the trade exhibition area on

the ground floor

Up to date information about parking is available

online at healthed.com.au

#### **EDUCATION POINTS**

- 16 Category 2 CPD points approved with RACGP
- 8 Core PDP points approved with ACRRM
- OPTIONAL 40 Category 1 CPD points approved with RACGP

#### DOWNLOAD THE HEALTHED APP



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Enhance your learning experience with the Healthed app! Download before the seminar to get access to heaps of exciting features:

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- Sign in for your CPD points no need to queue!
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- Venue and parking information to help you navigate your way
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Download the app on your smartphone or tablet from the App Store or Google Play.

#### **HIGH QUALITY CONTENT**

Healthed strives to maintain the highest possible standard of educational quality throughout its seminar programs. All our speakers are clearly instructed to present information that is authoritative, independent, scientifically accurate and of practical relevance.

In our constant search for high quality educational content we take input from GPs, specialists, researchers, medical educators, industry and many other sources. Their ideas are scrutinised carefully before being introduced into the educational program.

As a result, in 2018 more than 6,000 GPs attended our seminars and many more used the audio and video recordings derived from them.

#### **VENUE & TRANSPORT**

The event will be held at Plenary 2 & 3, Melbourne Convention & Exhibition Centre, 1 Convention Place, South Wharf, VIC

- ☐ The Melbourne Convention & Exhibition Centre is accessible by public transport. Please visit http://ptv.vic.gov.au/ to plan your trip
- ☐ Silvertop Taxi 131 008 Taxi Australia 132 227

### **FACULTY & SPEAKERS**



Prof Ego Seeman, Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne

Clinical Conundrums in Osteoporosis



Prof Craig Munns, Senior Staff Specialist in Endocrinology, and Clinical Program Director for the Division of Diagnostic Services, Westmead Children's Hospital

Vitamin D in Pregnancy – Supplement or Not?



Dr Rosie King, Sex Therapist, Educator and Author

Effective Management of Vaginismus

## **PROGRAM**

Registration from 7:30am
Each talk is approx. 25 mins in duration.
Morning tea, lunch and afternoon tea will be provided.

MENOPAUSE				
Sleep Disturbances in Menopause – Practical Advice	Prof Martha Hickey, Director, Women's Gynaecology Research Centre, The Royal Women's Hospital			
Mood, Depression and the Menopause	Prof Jayashri Kulkarni, Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)			
HRT Cases	<b>Dr Sonia Davison</b> , Endocrinologist; Clinical Fellow, Jean Hailes for Women's Health			
PREGNANCY				
Vitamin D in Pregnancy — Supplement or Not?	<b>Prof Craig Munns</b> , Senior Staff Specialist in Endocrinology, and Clinical Program Director for the Division of Diagnostic Services, Westmead Children's Hospital			
The Gestational Diabetes Epidemic – A Practical Guide for GPs	A/Prof Alison Nankervis, Endocrinologist; Clinical Head, Diabetes, Department of Diabetes and Endocrinology, Royal Melbourne Hospital			
CHILDREN AND TEENAGERS				
Allergic Rhinitis in Children – It's More than Just a Runny Nose	<b>Dr Jessica Tattersall</b> , Allergist and Medical Rhinologist, Sydney Allergy Clinic			
Anaphylaxis in Infants and Young Children	See healthed.com.au for updates			
Meningitis Prevention – Most Recent Developments	See healthed.com.au for updates			
PAIN				
Effective Management of Vaginismus	<b>Dr Rosie King</b> , Sex Therapist, Educator and Author			
Migraine – Important New Options for Prevention	A/Prof Richard Stark, Neurologist; Deputy Head of Unit, Neurology Department, Alfred Hospital; Department of Medicine, Monash University			
SEXUAL HEALTH				
Cervical Cancer Screening — Curly Cases and Common Questions	A/Prof Annabelle Farnsworth, Gynaecological Histopathologist and Cytopathologist; Director of Cytopathology, Douglass Hanly Moir Pathology			
Contraception Update – What's New and What's Coming Soon	<b>Dr Terri Foran</b> , Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW			
MISCELLANEOUS				
Clinical Conundrums in Osteoporosis	<b>Prof Ego Seeman</b> , Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne			
Pharmacotherapy for Obesity – Important New Options	A/Prof Samantha Hocking, Endocrinologist; Royal Alfred Hospital; Clinical Academic at Charles Perkins Research Centre, University of Sydney			
Pigmented Lesions in Childhood & Pregnancy	<b>Prof John Thompson</b> , Professor of Melanoma and Surgical Oncology, The University of Sydney			
Iron Deficiency – Curly Cases, Grey Areas, Controversies	Dr Pradeep Jayasuriya, GP, Belgravia Medical Centre, Perth			
ENDOMETRIOSIS EXPER	T PANEL – Facilitated by Dr Terri Foran			
Endometriosis – Improving Diagnosis and Management	Prof Jason Abbott, Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women; School of Women and Children's Health UNSW			
Endometriosis and Hormones	A/Prof John Eden, Gynaecologist; Director, Sydney Menopause Centre, Royal Hospital for Women			
Endometriosis and Pain Management	<b>Dr Jason Chow</b> , Pain Physician, Gynaecologist and Obstetrician; Women's Health & Research Institute of Australia			
Endometriosis and Fertility	<b>Dr Jim Tsaltas</b> , Infertility Specialist; Head of the Gynaecological Endoscopy Unit, Monash Medical Centre and Southern Health			

The above program is an indication of topics and speakers only and is not the final schedule. Program was correct at time of printing and may be subject to change without notice. See **healthed.com.au** for updates.



A/Prof Annabelle Farnsworth, Gynaecological Histopathologist and Cytopathologist; Director of Cytopathology, Douglass Hanly Moir Pathology

Cervical Cancer Screening

— Curly Cases and Common
Questions



A/Prof Samantha Hocking, Endocrinologist; Royal Alfred Hospital; Clinical Academic at Charles Perkins Research Centre, University of Sydney

Pharmacotherapy for Obesity

– Important New Options



Dr Jessica Tattersall, Allergist and Medical Rhinologist, Sydney Allergy Clinic

Allergic Rhinitis in Children

— It's More than Just a Runny
Nose

The Annual Women's & Children's Health Update 2019 Saturday, 2 March 2019, 8:30am–6:30pm Melbourne Convention & Exhibition Centre, South Wharf



REGISTRATION FORM	By Mail, Fax or Phone		Online Only	
Super Early Bird until 1 February	<u>\$185</u>		\$165	
Early Bird until 15 February	<u>\$199</u>		\$185	
Standard after 15 February	\$255		\$225	
I am interested in (tick box ☑)  Attending the seminar  Basic CPR Workshop \$150/\$160 (See belo	RACGP QICPD/ACRRM Education No:		CRRM	
I am a Doctor Nurse/Midwife Pharmacist Other				
Dietary Choice Gluten Free Vegetarian Vegan *denotes required information				
*Title *Given Name *Surname				
Organisation/Practice				
*Home Address				
		_*State	*Postcode	
*Work Ph*Work Fax				
*Email	Mobile			
TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX — PLEASE WRITE CLEARLY  Yes I wish to attend: (tick box ☑) and pay by: ☐ Visa ☐ Mastercard ☐ Cheque \$ Total  Cheques are to be made payable to: "Healthed" All Prices are in Australian Dollars (AUD)				
Card Number	//	_ Expiry _	/ CCV	
Name on CardSignature				
Return your registration form & payment to: HEALTHED PTY LTD PO BOX	500 Burwood NSW 1805,	FAX 1300 797 79	2 or EMAIL info@healthed.com.au	

#### **Basic CPR for RACGP**



In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

\$150 for delegates \$160 for non-delegates

**HEALTHED SPONSORS INCLUDE:** Amgen, Amoena, Besins Healthcare, BioCeuticals, Blackmores, Evolution Health, Frances Insurance, Lundbeck, Marie Stopes International, Mayne Pharma, Novo Nordisk, Pfizer, Servier, Sonic Healthcare, Swisse Wellness, Team Medical Support CANCELLATION: Notice of cancellation must be in writing and directed to the seminar secretariat through info@healthed.com.au at least