

THE 19th Annual WOMEN'S & CHILDREN'S HEALTH UPDATE 2019



Activity no. 148515



Saturday 23 February

8:30AM – 6:30PM

ICC International Convention Centre
SYDNEY Sydney, Darling Harbour

Special Keynote Speaker



Mood, Depression and the Menopause

Prof Jayashri Kulkarni

Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)



Endometriosis – Improving Diagnosis and Management

Prof Jason Abbott

Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women



Cervical Cancer Screening

A/Prof Annabelle Farnsworth

Histopathologist; Douglass Hanly Moir Pathology



New Options in Pharmacotherapy for Obesity

Dr Scott Kahan

Physician; Director, National Centre for Weight and Wellness Faculty, John Hopkins University



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International Convention Centre Sydney

- Located in the heart of the Sydney CBD
- Newly constructed venue
- 10 mins walk from Town Hall station
- Close to public transport and carparks



YOU ARE INVITED

Healthed invites you to attend this unrivalled, high quality, educational event. Each year this meeting features leading experts and key opinion leaders who present the most authoritative, clinically relevant information on topic areas specifically requested by Australian medical practitioners and women's health workers.

Our 2018 seminar attracted a record number of delegates and feedback was overwhelmingly positive. We look forward to seeing you at this unrivalled women's health education day.

The Healthed Team

REGISTRATION INCLUDES

- ❑ Access to entire program
- ❑ Handbook with lecture notes
- ❑ Morning tea, lunch & afternoon tea
- ❑ Access to trade exhibition
- ❑ Posted copy of an attendance certificate
- ❑ Registration will be confirmed via email after receipt of payment

REGISTRATION ENQUIRIES

Phone: 1300 797 794 **Fax:** 1300 797 792

Mail: Healthed Pty Ltd
PO BOX 500 Burwood NSW 1805 Australia

Email: info@healthed.com.au

On the Day: Information desk will be located in the Gallery on the first level of the ICC

Up to date information about parking is available online at healthed.com.au

EDUCATION POINTS

- ❑ 16 Category 2 CPD points approved with RACGP
- ❑ 8 Core PDP points approved with ACRRM
- ❑ OPTIONAL – 40 Category 1 CPD points approved with RACGP

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NOW MORE ACCESSIBLE THAN EVER



The International Convention Centre in Darling Harbour is located in the heart of the Sydney CBD.



- ⬆ 10 minutes walk from Town Hall station
- ⬆ Sydney Light Rail stops in front of the Convention Centre
- ⬆ Many bus stops located nearby
- ⬆ Parking available at the **Convention Centre**



Nearby Parking (off-site)

- ⬆ **Darling Quarter Car Park** 1-11 Harbour Street, Sydney – approx. \$15*
- ⬆ **Darling Park Car Park** 201 Sussex Street, Sydney – approx. \$15*

*These are weekend rates quoted to us by the parking stations. However prices are subject to change. While Healthed tries to provide delegates with correct information, we are not responsible for variation in pricing.

FACULTY & SPEAKERS



Dr Jessica Tattersall,
Allergist and Medical
Rhinologist,
Sydney Allergy Clinic

Allergic Rhinitis in Children
– It's More than Just a
Runny Nose



Prof Ego Seeman,
Endocrinologist; Dept of
Medicine and Endocrinology,
Austin Health, University
of Melbourne

Clinical Conundrums in
Osteoporosis



Prof Craig Munns,
Senior Staff Specialist in
Endocrinology, and Clinical
Program Director for the
Division of Diagnostic
Services, Westmead
Children's Hospital

Vitamin D in Pregnancy –
Supplement or Not?

PROGRAM

Registration from 7:30am

Each talk is approx. 25 mins in duration.

Morning tea, lunch and afternoon tea will be provided.

MENOPAUSE

Sleep Disturbances in Menopause – Practical Advice	A/Prof Jeremy Goldin , Respiratory and Sleep Disorders Physician; Head of Sleep Medicine, Royal Melbourne Hospital
Mood, Depression and the Menopause	Prof Jayashri Kulkarni , Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)
HRT Cases	Prof Rod Baber , Head, Menopause and Menstrual Disorders Clinic, Royal North Shore Hospital

PREGNANCY

Vitamin D in Pregnancy – Supplement or Not?	Prof Craig Munns , Senior Staff Specialist in Endocrinology, and Clinical Program Director for the Division of Diagnostic Services, Westmead Children's Hospital
The Gestational Diabetes Epidemic – A Practical Guide for GPs	Dr Jencia Wong , Senior Staff Specialist Endocrinologist, Royal Prince Alfred Hospital and Clinical Associate Professor, University of Sydney

CHILDREN AND TEENAGERS

Allergic Rhinitis in Children – It's More than Just a Runny Nose	Dr Jessica Tattersall , Allergist and Medical Rhinologist, Sydney Allergy Clinic
Anaphylaxis in Infants and Young Children	Dr Preeti Joshi , Paediatric Allergy and Immunology Specialist; The Department of Allergy and Immunology, The Children's Hospital, Westmead
Meningitis Prevention – Most Recent Developments	Prof Robert Booy , Head of Clinical Research, NCIRS and Westmead Children's Hospital

PAIN

Effective Management of Vaginismus	Dr Rosie King , Sex Therapist, Educator and Author
Migraine – Important New Options for Prevention	Prof Paul Spira , Neurologist; Spira Neurology; Visiting Medical Officer, Prince of Wales Hospital

SEXUAL HEALTH

Cervical Cancer Screening – Curly Cases and Common Questions	A/Prof Annabelle Farnsworth , Gynaecological Histopathologist and Cytopathologist; Director of Cytopathology, Douglass Hanly Moir Pathology
Contraception Update – What's New and What's Coming Soon	Dr Terri Foran , Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW

MISCELLANEOUS

Clinical Conundrums in Osteoporosis	Prof Ego Seeman , Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne
Pharmacotherapy for Obesity – Important New Options	Dr Scott Kahan , Physician; Director, National Centre for Weight & Wellness Faculty, John Hopkins University and George Washington University
Self-harm – What GPs Need to Know	Dr Claire Kelly , Director of Curriculum, Mental Health First Aid Australia
Iron Deficiency – Curly Cases, Grey Areas, Controversies	Dr Pradeep Jayasuriya , GP, Belgravia Medical Centre, Perth

ENDOMETRIOSIS EXPERT PANEL – Facilitated by Dr Terri Foran

Endometriosis – Improving Diagnosis and Management	Prof Jason Abbott , Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women; School of Women and Children's Health UNSW
Endometriosis and Hormones	A/Prof John Eden , Gynaecologist; Director, Sydney Menopause Centre, Royal Hospital for Women
Endometriosis and Pain Management	Dr Jason Chow , Pain Physician, Gynaecologist and Obstetrician; Women's Health & Research Institute of Australia
Endometriosis and Fertility	A/Prof Peter Illingworth , Infertility Specialist; Past President, The Fertility Society of Australia; Medical Director, IVFAustralia

The above program is an indication of topics and speakers only and is not the final schedule. Program was correct at time of printing and may be subject to change without notice. See healthed.com.au for updates.



Dr Terri Foran,
Sexual Health Physician;
Lecturer, School of Women's
and Children's Health, UNSW

Contraception Update –
What's New and What's
Coming Soon



Dr Rosie King,
Sex Therapist, Educator and
Author

Effective Management of
Vaginismus



A/Prof Jeremy Goldin,
Respiratory and Sleep
Disorders Physician; Head of
Sleep Medicine, Royal
Melbourne Hospital

Sleep Disturbances in
Menopause

The Annual Women's & Children's Health Update 2019
 Saturday, 23 February 2019, 8:30am-6:30pm
 International Convention Centre Sydney, Darling Harbour

This seminar is
 proudly organised by
 Healthed Pty Ltd
 ABN 13 604 040 704



REGISTRATION FORM	By Mail, Fax or Phone	Online Only
Super Early Bird until 25 January	<input type="checkbox"/> \$185	\$165
Early Bird until 8 February	<input type="checkbox"/> \$199	\$185
Standard after 8 February	<input type="checkbox"/> \$255	\$225

I am interested in (tick box)
 Attending the seminar **Basic CPR Workshop \$150/\$160** (See below for details)

RACGP QICPD/ACRRM
 Education No: _____

I am a **Doctor** **Nurse/Midwife** **Pharmacist** **Other** _____

Dietary Choice **Gluten Free** **Vegetarian** **Vegan** *denotes required information

*Title _____ *Given Name _____ *Surname _____

Organisation/Practice _____

*Home Address _____
 _____ *State _____ *Postcode _____

*Work Ph _____ *Work Fax _____

*Email _____ Mobile _____

TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX – PLEASE WRITE CLEARLY

Yes I wish to attend: (tick box) and pay by: **Visa** **Mastercard** **Cheque** \$ _____ *Total*

Cheques are to be made payable to: **"Healthed"** All Prices are in Australian Dollars (AUD)

Card Number _____ Expiry ____ / ____ CCV _____

Name on Card _____ Signature _____

Return your registration form & payment to: HEALTHED PTY LTD PO BOX 500 Burwood NSW 1805, FAX 1300 797 792 or EMAIL info@healthed.com.au

Basic CPR for RACGP

In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

\$150 for delegates \$160 for non-delegates

HEALTHED SPONSORS INCLUDE: Amgen, Amoena, Besins Healthcare, BioCeuticals, Blackmores, Evolution Health, Frances Insurance, Freedom Foods, GSK, iNova, Leo Pharma, Lundbeck, Marie Stopes International, Mayne Pharma, Novo Nordisk, Pfizer, Servier, Sonic Healthcare, Swisse Wellness, Team Medical Supplies, The A2 Milk Company, Virtus Health.

CANCELLATION: Notice of cancellation must be in writing and directed to the seminar secretariat through info@healthed.com.au at least 21 days prior to scheduled seminar date. Refunds are not available if notice of cancellation is provided less than 21 days prior to seminar date. A cancellation fee of \$100 will be deducted from your refund.

Liability: The organisers will make every effort to ensure that the event and the program will take place as advertised however the organisers do not take financial responsibility to changes or disruptions that may occur as a result of events beyond their control. Important privacy information: Healthed acknowledges and respects your privacy. The information you provide on this form is being collected for the purpose of processing your registration or inquiry. The provision of the information requested is voluntary. However, if you do not provide the information requested, we may be unable to process your registration or inquiry. We will use the information to keep you informed about products, services, offers and upcoming events and to improve services to you. We will also provide information about you to the sponsors and the exhibitors in the exhibition for the purpose of providing you with direct marketing offers, which we think may be of interest to you. If you do not consent to this disclosure of information about you or if you do not want to receive information about other Healthed educational seminars please call us on 1300 797 794. You have a right to access the information that Healthed holds about you. Please direct any enquiries you may have in relation to the use of our privacy information policy by contacting us on either by Tel 1300 797 794, email info@healthed.com.au or post, PO Box 500, Burwood NSW 1805.