

THE 20th Annual WOMEN'S & CHILDREN'S HEALTH UPDATE 2020



Saturday 14 March

8:30AM – 6:30PM

Melbourne Convention & Exhibition
Centre, South Wharf

Special Keynote Speaker



**Expert Panel: Menopause
Management Past,
Present and Future**

with Dr Terri Foran

Sexual Health Physician;
School of Women's &
Children's Health UNSW



**Should we be Prescribing
Green Space to Kids?**

Dr Rachael Sharman

Senior Lecturer in
Psychology, School of
Social Sciences, University
of the Sunshine Coast



**The Busy Parent with
Depression**

Dr Jon-Paul Khoo

Psychiatrist, Toowong
Specialist Clinic



Managing Severe Obesity in Women

Prof John Dixon

Head of the Weight Assessment and
Management Clinic, Baker Heart and
Diabetes Institute



WHY YOU SHOULD ATTEND

- Leading experts
- Engaging speakers
- Broad range of topics
- Latest and up-to-date information
- Practical take home messages
- Cost efficient one-day program

REGISTRATION INCLUDES

- Access to entire program
- Handbook with lecture notes
- Morning tea, lunch & afternoon tea
- Access to trade exhibition
- Posted copy of an attendance certificate
- Registrations will be confirmed via email after receipt of payment

NEW HANDBOOK

- Spiral bound
- Heavy duty cover
- 2 Presentation slides per page
- Easy to read, easy to write notes, easy to use as an ongoing reference tool after seminars
- 96% of delegates rated our new handbook as 'excellent' or 'good'



REGISTRATION ENQUIRIES

Phone: 1300 797 794 **Fax:** 1300 797 792

Mail: Healthed Pty Ltd
PO BOX 500 Burwood NSW 1805 Australia

Email: info@healthed.com.au

On the Day: Information desk will be in the trade exhibition area on the ground floor

Up to date information about parking is available online at healthed.com.au

EDUCATION POINTS

- RACGP: 16 CPD activity points approved
- 8 hours under the Educational Activities Category approved

DOWNLOAD THE HEALTHED APP



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- ⬆ Download the full seminar handbook
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HIGH QUALITY CONTENT

Healthed strives to maintain the highest possible standard of educational quality throughout its seminar programs. All our speakers are clearly instructed to present information that is authoritative, independent, scientifically accurate and of practical relevance.

In our constant search for high quality educational content we take input from GPs, specialists, researchers, medical educators, industry and many other sources. Their ideas are scrutinised carefully before being introduced into the educational program.

As a result, last year more than 6,000 GPs attended our seminars and many more used the audio and video recordings derived from them.

VENUE & TRANSPORT

The event will be held at Plenary 2 & 3, Melbourne Convention & Exhibition Centre, 1 Convention Place, South Wharf, VIC

- ☐ The Melbourne Convention & Exhibition Centre is accessible by public transport. Please visit <http://ptv.vic.gov.au/> to plan your trip
- ☐ Silvertop Taxi 131 008 Taxi Australia 132 227

FACULTY & SPEAKERS



Prof Ego Seeman
Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne

Clinical Cases in Osteoporosis



Dr Kathleen McNamee
Medical Director, Family Planning VIC

Contraception Update



Prof Andrew Sindone
Director, Heart Failure Unit at the Department of Cardiac Rehabilitation, Concord Hospital

Heart Failure in Women

PROGRAM

Registration from 7:30am

Each talk is approx. 25 mins in duration.

Morning tea, lunch and afternoon tea will be provided.

PERIMENOPAUSE

Expert Panel: Menopause Management Past, Present and Future

Facilitated by Dr Terri Foran, Sexual Health Physician; Lecturer, School of Women's & Children's Health UNSW; Previously Medical Director of Family Planning NSW

Dr Sonia Davison, Endocrinologist; President of the Australasian Menopause Society; Clinical Fellow, Jean Hailes for Women's Health
Prof Rod Baber, Head of Menopause and Menstrual Disorders Clinic, Royal North Shore Hospital
Dr Sara Whitburn, GP; Victorian Faculty Board and Victorian Faculty New Fellows Committee, The Royal College of General Practitioners

Clinical Cases in Osteoporosis

Prof Ego Seeman, Endocrinologist; Department of Medicine and Endocrinology, Austin Health, University of Melbourne

OBESITY

Obesity Cases – A Practical Approach

An Evidence Based Approach to Using VLCDs in General Practice

Prof John Dixon, Head of the Weight Assessment and Management Clinic, Baker Heart and Diabetes Institute

FERTILITY & PREGNANCY

Contraception Update

Dr Kathleen McNamee, Medical Director, Family Planning VIC

Fertility Add-ons – Do They Work? Are They Worth it?

Dr Lyndon Hale, Medical Director, Melbourne IVF

Reproductive Carrier Screening is Now Recommended for All Prospective Parents – What GPs Need to Know

Prof Graeme Suthers, Geneticist and Genetic Pathologist, Director of Genetics, Sonic Healthcare

Preconception, Pregnancy and Postnatal Iron Deficiency – Why Earlier Detection and Management is Important

Dr Helen Savoia, Pregnancy Haematologist, Royal Children's Hospital

PAEDIATRICS

Should We Be Prescribing Green Space to Kids?

Dr Rachael Sharman, Senior Lecturer in Psychology, School of Social Sciences, University of the Sunshine Coast

Gaming Addiction

Jordan Foster, Clinical Psychologist and Cyber Safety Expert; Managing Director of ySafe

A Practical Update on Cow's Milk Protein Intolerances

Dr Jeremy Rajanayagam, Paediatric Gastroenterology, Offspring Child Health Specialists, The Royal Children's Hospital and Epworth

MISCELLANEOUS

Psychedelic Psychotherapy – It's Real and You Need to Know About It

Dr Prash Puspanathan, GP; Neuropsychiatry Fellow, The Alfred Hospital Melbourne

The Busy Parent with Depression

Dr Jon-Paul Khoo, Psychiatrist, Toowong Specialist Clinic

Uterine Sparing Surgical Techniques in the Management of Heavy Menstrual Bleeding

Dr Kate McIlwaine, Gynaecologist, Endosurgeon and Infertility Specialist; Consultant Gynaecologist, Endosurgery Unit, The Mercy Hospital for Women and Genea Fertility

Heart Failure in Women

Prof Andrew Sindone, Director, Heart Failure Unit at the Department of Cardiac Rehabilitation, Concord Hospital

Conversation Strategies About Vaccinations to Improve Awareness and Constructively Deal with Reluctance

Dr Jess Kaufman, Research Fellow, the Vaccine Uptake Group, The Murdoch Children's Research Institute

Acne Management Update

Dr Jill Cargnello, Dermatologist, Malvern Dermatology

See healthed.com.au for more updates



Dr Sonia Davison
Endocrinologist; President of the Australasian Menopause Society; Clinical Fellow, Jean Hailes for Women's Health

Expert Panel:
Menopause Management Past, Present and Future



Prof Rod Baber
Head of Menopause and Menstrual Disorders Clinic, Royal North Shore Hospital

Expert Panel:
Menopause Management Past, Present and Future



Dr Sara Whitburn, GP; Victorian Faculty Board and Victorian Faculty New Fellows Committee, The Royal College of General Practitioners

Expert Panel:
Menopause Management Past, Present and Future

The Annual Women's & Children's Health Update 2020
 Saturday, 14 March 2020, 8:30am–6:30pm
 Melbourne Convention & Exhibition Centre, South Wharf

This seminar is
 proudly organised by
 Healthed Pty Ltd
 ABN 13 604 040 704



REGISTRATION FORM	By Mail, Fax or Phone	Online Only
Super Early Bird until 14 February	<input type="checkbox"/> \$185	\$165
Early Bird until 28 February	<input type="checkbox"/> \$199	\$185
Standard after 28 February	<input type="checkbox"/> \$255	\$225

I am interested in (tick box)
 Attending the seminar **Basic CPR Workshop \$150/\$160** (See below for details)

RACGP QICPD/ACRRM
 Education No: _____

I am a **Doctor** **Nurse/Midwife** **Pharmacist** **Other** _____

Dietary Choice **Gluten Free** **Vegetarian** **Vegan** *denotes required information

*Title _____ *Given Name _____ *Surname _____

Organisation/Practice _____

*Home Address _____
 _____ *State _____ *Postcode _____

*Work Ph _____ *Work Fax _____

*Email _____ Mobile _____

TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX – PLEASE WRITE CLEARLY

Yes I wish to attend: (tick box) and pay by: **Visa** **Mastercard** **Cheque** \$ _____ *Total*

Cheques are to be made payable to: **"Healthed"** All Prices are in Australian Dollars (AUD)

Card Number _____ Expiry ____ / ____ CCV _____

Name on Card _____ Signature _____

Return your registration form & payment to: HEALTHED PTY LTD PO BOX 500 Burwood NSW 1805, FAX 1300 797 792 or EMAIL info@healthed.com.au

Basic CPR for RACGP

In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

\$150 for delegates **\$160** for non-delegates

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CANCELLATION: Notice of cancellation must be in writing and directed to the seminar secretariat through info@healthed.com.au at least 21 days prior to scheduled seminar date. Refunds are not available if notice of cancellation is provided less than 21 days prior to seminar date. A cancellation fee of \$100 will be deducted from your refund.

Liability: The organisers will make every effort to ensure that the event and the program will take place as advertised however the organisers do not take financial responsibility to changes or disruptions that may occur as a result of events beyond their control. Important privacy information: Healthed acknowledges and respects your privacy. The information you provide on this form is being collected for the purpose of processing your registration or inquiry. The provision of the information requested is voluntary. However, if you do not provide the information requested, we may be unable to process your registration or inquiry. We will use the information to keep you informed about products, services, offers and upcoming events and to improve services to you. We will also provide information about you to the sponsors and the exhibitors in the exhibition for the purpose of providing you with direct marketing offers, which we think may be of interest to you. If you do not consent to this disclosure of information about you or if you do not want to receive information about other Healthed educational seminars please call us on 1300 797 794. You have a right to access the information that Healthed holds about you. Please direct any enquiries you may have in relation to the use of our privacy information policy by contacting us on either by Tel 1300 797 794, email info@healthed.com.au or post, PO Box 500, Burwood NSW 1805.