**Dr Flavia Fayet-Moore**

Dr. Flav is a Brazilian-born, Canadian-raised, Australian-made scientist, nutritionist, researcher,  entrepreneur, fellow of the Australasian Society of Lifestyle Medicine and Adjunct Lecturer at Newcastle University. She obtained her Honours Bachelor of Science in nutrition from the University of Toronto, and her Masters and PhD in nutrition from The University of Sydney. She is the CEO of NRAUS (Nutrition Research Australia), and the co-founder of Food is Cool, where nutrition in schools is done differently. Dr Flav's 20+ year career has been dedicated to nutrition research which makes a public health impact